

Nusrat Chaudhry

Nusrat is a Transformation Coach.

Nusrat works with women to help them kick start their transformational journey and turn into success stories by combining 1:1 coaching and in-depth personalized training programs.



Nusrat uses the scientific method of coaching to create personal and professional life transformations for her clients. Her repertoire of tools includes EQ principles, change management systems, mindset shifts and co-creative action programs. She has coached over 150+ clients through 1 to1 coaching sessions and 500+ clients through group coaching sessions.

She works with corporate teams as well as individuals. She has 15+ years of corporate work experience in the fields of education, book publishing and fashion and luxury industries.

The Trainer

- 🎓 International Certified Coach (CCA) and Trainer with 5 years+ experience in the field.
- 🎓 Designed and implemented comprehensive wellness plans for greater individual performance.
- 🎓 Provide 1:1 and group coaching sessions on how to achieve desired goals.
- 🎓 Accountability partner and motivational therapist.
- 🎓 Creating a customized roadmap for each individual client's needs.
- 🎓 Consultant for authors and corporates aiming to publish their own books.

The Practitioner

- 🎓 Business Development & Key Account Management
- 🎓 Maximizing Operating Performance in Retail & Distribution Sector
- 🎓 Managing Company's Finances and Achieving Financial Goals
- 🎓 Creating and Executing Marketing and PR Funnels
- 🎓 Designing Overall Mission, Values and Strategic Goals for The Company
- 🎓 Fostering deep professional connections with clients and industry connections

Professional Journey

- CL^S Coaching and training (UAE)
- CL^S HR International (UAE)
- CL^S Penguin books (UK)
- CL^S Jashanmal (UAE)
- CL^S Chalhoub Group (UAE)

Trainer Certifications

- CL^S Life Coach (CCA, USA)
- CL^S Management Coach (USA)
- CL^S Diploma Certificate in Book Publishing (New Zealand)